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## For Sale

# 20/20 Garden™ Seed Packets

**Date Posted:** February 26, 2020

### **Please Contact**

Dr. Rheda Gerlock, Optometrist  
[Rheda@me.com](mailto:Rheda@me.com)

The 20/20 Garden™ Plant Nutrition for Your Vision set of 3 seed packets is an affordable, eco-friendly way to promote eating healthy to prevent age-related eye disease. The varieties of seeds included in the 20/20 Garden™ are spinach, sweet red peppers and marigolds – all are easy to grow and are excellent sources of lutein and zeaxanthin. The unique and colorful seed packets clearly indicate the seed type including variety, as well as expiration dates and planting instructions. In addition, 20/20 Garden™ seed packets include information about serving size and nutritional content.

- Estimated costs for the 20/20 Garden™ seed packets and sets:
- 1000 sets in a polybag would be \$3.50 per set for a total of \$3500
- 3000 seed packets without the polybag would be \$1.10 per packet for a total of \$3300
- Smaller or larger orders are available and costs would vary slightly from what's listed above.
- Orders take about 14 business days.
- Shipping costs and tax not included in the above estimates.

Contact Dr. Rheda Gerlock, Optometrist, at [Rheda@me.com](mailto:Rheda@me.com) for more information.